



St. Peter the Apostle
Catholic Church ■ Parry Sound, ON

LIVING JOY SCHEDULE

5:30PM - Mass

6PM - Madonna Chapel

Date (Wednesday)	Lesson
February 18	Intro: Got Joy?
March 11	Rule 1: Give Thanks
March 18	Rule 2: Practice Silence
April 15	Rule 3: Love Yourself
April 29	Rule 4: Have Fun
May 6	Rule 5: Engage Your Body...
May 13	Rule 6: Make Friends
May 20	Rule 7: Rest
June 10	Rule 8: Serve
June 17	Rule 9: Frame Your Mind With Faith
July 8	Wrap up: Jesus Is The Journey